



# Breaking the goldfish cycle

Mark 4:35-41

April 21, 2024

Pastor Brad Henderson

## Connect with one another

- **Icebreaker:** What is your “kryptonite?” What are the elements in your life that bring out your greatest fears?
- **Sermon Question:**  
What do you remember the most from this Sunday’s sermon?

## Look at the Scriptures

- Read **Mark 4:35-41**. What contrast do you see between the disciples’ behavior and Jesus’ attitude in the middle of the storm?
- As Jesus calms the storm, He mentions the disciples have **“no faith.”** What would **“faith”** have looked like in their situation?

## Apply to our lives

- In **Mark 4:35-41**, the disciples accused Jesus of negligence. Have you ever found yourself in a situation where you could relate to the disciples? If so, can you share your experience and the outcome of it?
- How does who is God, what he’s already done for you, and the fact that he is with you “in the boat” come into play at the moment when you face your fears?
- How can your Discipleship Community support you in nurturing a deeper trust in God amidst doubt, uncertainty, and difficulties?

## Pray for one another

- Pray for one another using Philippians 4:6-7 as a guide.